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Link to Survey

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UpToDate: What's new in oncology
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Earlier treatment with surgery to remove blood clot linked with less disability following stroke
In an analysis that included nearly 1,300 patients with large-vessel ischemic stroke, earlier treatment with endovascular thrombectomy plus medical therapy compared with medical therapy alone was associated with less disability at 3 months, according to a study.


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Mediterranean diet could lower the risk of cardiovascular disease in the UK
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UPTODATE: What's new in Cardiovascular Medicine
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**COMMISSIONING**


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Previous reports: https://improvement.nhs.uk/resources/never-events-data/

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Child and Maternal Health Knowledge Update – 23rd September 2016

Latest issue of the weekly eBulletin highlighting the latest resources added to the knowledge hub and covering all aspects of children's, young people's and maternal health.


Involvement Hub

The Involvement Hub supports patients, carers, staff and the public who want to find out more about participation – both how to do it and how to get involved. It is a source of information and resources which will help people to develop their knowledge, skills and confidence to get involved in the design and delivery of health services. The site also includes examples of good practice and links to learning and involvement opportunities.

Website: https://www.england.nhs.uk/participation/

Making difficult decisions: Commissioning healthcare in changing times

Produced in collaboration with the University of Birmingham, this NHS Clinical Commissioners document contextualises the process of prioritising and potentially decommissioning health services, reflect on relevant research and the experience of clinical commissioners, and set out the factors that can enable challenging decisions to be made and seen through.


Public Administration and Constitutional Affairs Committee (PACAC): Follow-up to Parliamentary and Health Service Ombudsman (PHSO) report on unsafe discharge from hospital - Fifth Report of Session 2016–17

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DERMATOLOGY

UpToDate: What's new in dermatology
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DIABETES

Quick test to detect inflammation in diabetic patients
A new kit that will allow doctors to find out within minutes if diabetic patients are suffering from inflammation has now been developed by scientists. Also, instead of a vial of blood in the present method, the new test kit only needs a drop of blood to test if a patient is suffering from inflammation caused by abnormal immune cell activation.


Full text article: http://www.nature.com/articles/srep29410

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Full text article (PDF): http://ajpheart.physiology.org/content/ajpheart/early/2016/09/14/ajpheart.00398.2016.full.pdf

New Insulin Delivery Recommendations
These evidence-based recommendations provide a new, practical, and comprehensive set of guidelines for patients and professionals worldwide. If followed, they should ensure safe and efficacious delivery of diabetic therapies into the subcutaneous (SC) space.

Full text guidelines: http://www.mayoclinicproceedings.org/article/S0025-6196(16)30321-4/fulltext

UpToDate: What's new in endocrinology and diabetes mellitus
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UpToDate: What's new in pulmonary and critical care medicine
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You can now comment on this National Institute for Health and Care Excellence (NICE) draft quality standard which covers the clinical care of adults (18 years and over) who are dying during the last 2 to 3 days of life. It does not cover palliative care or 'end of life care' (often defined as care for people in the last year or so of a progressive disease) before the last few days of life.

Suffering from headaches? You may be at increased risk for a thyroid condition
Sufferers of migraines, cluster headaches, tension headaches or other headache disorders are at greater risk of developing hypothyroidism, according to a new study.

UpToDate: What's New in Practice Changing
Selected specific new recommendations and/or updates to UpToDate that may have significant and broad impact on practice. Last updated 21st September 2016.
Further information: http://www.uptodate.com/contents/practice-changing-updates

UpToDate: What's new in allergy and immunology
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General Practice and Practice Management

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Update for Primary Care – September 2016
Latest primary care news and guidance from the National Institute for Health and Care Excellence (NICE).
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News: http://liu.se/forskning/forskningsnyheter/1.696247/1.696538?l=en

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Full text article (PDF): http://ajpheart.physiology.org/content/ajpheart/early/2016/09/14/ajpheart.00398.2016.full.pdf

Extended access to general practice: A guide to completing the extended access survey
This document provides GP practice staff with information to assist them in submitting data to NHS England about their practice’s offer to patients of enhanced access to appointments.

The NHS If… (Updated)
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Essay: http://www.kingsfund.org.uk/reports/thenhsif/what-if-people-were-to-pay-10-to-see-a-gp/
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Full text article: https://archpsyc.jamanetwork.com/article.aspx?articleid=2552796

Pulse oximetry in primary care
The use of pulse oximetry in general practice and interpretation of results, contributed by Dr Anita Sharma, GP, Oldham, Greater Manchester and GP member of NICE Quality Standards Advisory Committee and Dr Shalini Ghadiyar, GP, Rochdale, Greater Manchester.
Article: http://www.gponline.com/pulse-oximetry-primary-care/respiratory-system/article/1410438

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News: http://www.bbc.co.uk/news/health-37496348
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Core set of NHS products to be used by all NHS providers
A set of standardised products selected to help NHS trusts and foundation trusts save money through better procurement. To achieve the savings that are clearly possible through better procurement, NHS Improvement are working with the NHS to standardise specifications and product catalogues.


10 ways for NHS providers to find savings and make cost improvements
NHS Improvement have identified a number of opportunities to help trusts deliver in-year savings, improve their finances and to meet their control totals. The opportunities are split into two areas: ‘actions that can be quickly delivered’ and longer term ‘different ways of working and service transformation’.


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Previous reports: https://improvement.nhs.uk/resources/never-events-data/

Provider bulletin: 28 September 2016
Latest issue of the fortnightly newsletter from NHS Improvement.
Bulleti: https://improvement.nhs.uk/news-alerts/provider-bulletin-28-september-2016/

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**INFECTIOUS DISEASES**

*UpToDate: What’s new in infectious diseases*

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**MATERNITY & GYNAECOLOGY**

*Child and Maternal Health Knowledge Update – 23rd September 2016*

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Women taking pill more likely to be treated for depression, study finds

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**UpToDate: What's new in drug therapy**

Subset of new drugs, drug approvals, drug warnings, and drugs removed from the market from the past six months. This is not a complete list; it includes those topics considered by the authors and editors to be of particular interest or importance. Last updated 27th September 2016.
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NEPHROLOGY

What’s new in nephrology and hypertension
Additions to UpToDate from the past six months that were considered by the editors and authors to be of particular interest. The most recent What's New entries are at the top of each subsection. Last updated 15th September 2016.


**NEUROLOGY**

Suffering from headaches? You may be at increased risk for a thyroid condition

Sufferers of migraines, cluster headaches, tension headaches or other headache disorders are at greater risk of developing hypothyroidism, according to a new study.

**News:** https://www.sciencedaily.com/releases/2016/09/160927114603.htm

**Abstract:** http://onlinelibrary.wiley.com/doi/10.1111/head.12943/abstract

UpToDate: What's New in Neurology

Additions to UpToDate from the past six months that were considered by the editors and authors to be of particular interest. The most recent What's New entries are at the top of each subsection. Last updated 19th September 2016.


**NURSING PRACTICE**


Bringing you the latest news, features and guidance from NICE.

**Bulletin:** http://us8.campaign-archive2.com/?u=7864f766b10b8edd18f19aa56&id=095904482a

Update for Primary Care – September 2016

Latest primary care news and guidance from the National Institute for Health and Care Excellence (NICE).

**Bulletin:** http://us8.campaign-archive1.com/?u=7864f766b10b8edd18f19aa56&id=3a33f42a4c

CONSULTATION: Care of dying adults in the last days of life

You can now comment on this National Institute for Health and Care Excellence (NICE) draft quality standard which covers the clinical care of adults (18 years and over) who are dying during the last 2 to 3 days of life. It does not cover palliative care or ‘end of life care’ (often defined as care for people in the last year or so of a progressive disease) before the last few days of life.


Action on cardiovascular disease: getting serious about prevention

This publication brings together Public Health England’s (PHE’s) broad-ranging work in addressing cardiovascular disease. It sets out the main programmes already underway and the next steps in tackling cardiovascular disease going forward. The publication is intended for those involved in the commissioning and provision of services (including clinicians) for cardiovascular disease and its prevention.


**OLDER PEOPLE**

UpToDate: What's New in Geriatrics

Additions to UpToDate from the past six months that were considered by the editors and authors to be of particular interest. The most recent What's New entries are at the top of each subsection. Last updated 22nd September 2016.


**OPHTHALMOLOGY**

Help needed to identify post-stroke visual impairments
A review of the methods available to screen for post-stroke visual impairments has found there is an urgent demand for the development of a tool.

Abstract: http://www.tandfonline.com/doi/abstract/10.1080/09638288.2016.1231846

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**PALLIATIVE CARE**

**Scottish Atlas of Palliative Care**
The first Scottish atlas of palliative care has been launched. Containing maps, tables, lists and diagrams, illustrating which services are available in Scotland, at what level, and where, it is the first example of a national atlas of palliative care to be produced anywhere in the world, bringing together previously unavailable data on the availability of palliative care services across Scotland.

**Atlas:** http://www.gla.ac.uk/media/media_486122_en.pdf
**Blog:** http://endolifestudies.academicblogs.co.uk/a-public-launch-for-the-scottish-atlas-of-palliative-care/

**UpToDate: What's new in palliative care**
Additions to UpToDate from the past six months that were considered by the editors and authors to be of particular interest. The most recent What's New entries are at the top of each subsection. Last updated 15th September 2016.

**Further information:** http://www.uptodate.com/contents/whats-new-in-palliative-care

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**PATHOLOGY**

**CONSULTATION: Diagnostic Services – Organisation and Delivery**
The National Institute for Health and Care Excellence (NICE) are asking for information for the guideline they are developing on the delivery and organisation of diagnostic services – covering the diagnostic disciplines of endoscopy, imaging, pathology and physiology. They are particularly interested in information promoting equality of opportunity relating to age, disability, gender, gender identity, ethnicity, religion and belief, sexual orientation or socio-economic status.

**Consultation:** https://www.nice.org.uk/guidance/indevelopment/gid-cgwave0773/consultation/html-content

**Quick test to detect inflammation in diabetic patients**
A new kit that will allow doctors to find out within minutes if diabetic patients are suffering from inflammation has now been developed by scientists. Also, instead of a vial of blood in the present method, the new test kit only needs a drop of blood to test if a patient is suffering from inflammation caused by abnormal immune cell activation.

**News:** https://www.sciencedaily.com/releases/2016/09/160927082748.htm
**Full text article:** http://www.nature.com/articles/srep29410

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**PUBLIC HEALTH/HEALTH IMPROVEMENT**

**National Institute for Health and Care Excellence (NICE) News: September 2016**
Bringing you the latest news, features and guidance from NICE.
**Bulletin:** http://us8.campaign-archive2.com/?u=7864f766b10b8edd18f19aa56&id=095904482a

**Dying with dementia**
The proportion of people dying with a recorded dementia diagnosis has more than doubled since 2001. Public Health England (PHE) has launched a range of data to help policy makers and commissioners deliver high-quality end of life care to people with dementia.


**Action on cardiovascular disease: getting serious about prevention**
This publication brings together Public Health England’s (PHE’s) broad-ranging work in addressing cardiovascular disease. It sets out the main programmes already underway and the next steps in tackling cardiovascular disease going forward. The publication is intended for those involved in the
commissioning and provision of services (including clinicians) for cardiovascular disease and its prevention.

Childhood obesity plan: Public Health England’s (PHE’s) role in implementation
This policy paper outlines PHE’s priority for reducing the proportion of overweight children leaving primary school.

Poverty and perceived hardship affect cognitive function and may contribute to premature aging, say investigators
A new study finds strong associations between sustained exposure to economic hardship and worse cognitive function in relatively young individuals.

New therapeutic treatment helps people lose more weight and keep it off
A new approach to weight loss called Acceptance-Based Behavioural Treatment (ABT) helped people lose more weight and keep it off longer than those who received only Standard Behavioural Treatment (SBT) - a typical treatment plan encouraging reduced caloric intake and increased physical activity - according to a new randomized controlled clinical trial.

Interval exercise training improves blood vessel function in older adults
Researchers have found that interval exercise training (resistance-based and cardiovascular) improves endothelial function in older adults. Resistance interval training in particular could help reduce the risk of heart disease in adults with type 2 diabetes.
Abstract: http://ajpheart.physiology.org/content/early/2016/09/14/ajpheart.00398.2016.abstract
Full text article (PDF): http://ajpheart.physiology.org/content/ajpheart/early/2016/09/14/ajpheart.00398.2016.full.pdf

Child and Maternal Health Knowledge Update – 23rd September 2016
Latest issue of the weekly eBulletin highlighting the latest resources added to the knowledge hub and covering all aspects of children’s, young people’s and maternal health.

Public health successes and missed opportunities: Trends in alcohol consumption and attributable mortality in the WHO European Region, 1990–2014
The World Health Organization (WHO) European Region has a high level of alcohol consumption resulting in a substantial burden of alcohol-attributable mortality. This publication describes trends in alcohol consumption and attributable mortality. It gives data by country, showing huge differences. This underlines opportunities for countries to benchmark their standing against others’ and introduce policies to reduce the burden of alcohol-attributable mortality. It also underlines the overall need to further reduce the alcohol consumption in the WHO European Region.

Mediterranean diet could lower the risk of cardiovascular disease in the UK
Britons eating a Mediterranean diet could lower their risk of developing heart disease and stroke, according to research published in the open access journal BMC Medicine. In this study, the first of its kind carried out in a UK population, the researchers found that healthy individuals with greater adherence to a Mediterranean-type diet had 6 to 16% lower risk of future cardiovascular disease compared to individuals who had poor adherence.
**RADIOLGY**

CONSULTATION: Diagnostic Services – Organisation and Delivery

The National Institute for Health and Care Excellence (NICE) are asking for information for the guideline they are developing on the delivery and organisation of diagnostic services – covering the diagnostic disciplines of endoscopy, imaging, pathology and physiology. They are particularly interested in information promoting equality of opportunity relating to age, disability, gender, gender identity, ethnicity, religion and belief, sexual orientation or socio-economic status.


**RESPIRATORY**

UpToDate: What's new in pulmonary and critical care medicine

Additions to UpToDate from the past six months that were considered by the editors and authors to be of particular interest. The most recent What's New entries are at the top of each subsection. Last updated 22nd September 2016.


**RHEUMATOLOGY**

UpToDate: What's new in rheumatology

Additions to UpToDate from the past six months that were considered by the editors and authors to be of particular interest. The most recent What's New entries are at the top of each subsection. Last updated 20th September 2016.


**SEXUAL HEALTH**

Women taking pill more likely to be treated for depression, study finds

Danish research finds that women on combined contraceptive pill are 23% more likely to be prescribed antidepressants. The large study found that not only women taking pills but also those with implants, patches and intrauterine devices were affected.


**STROKE**

Help needed to identify post-stroke visual impairments

A review of the methods available to screen for post-stroke visual impairments has found there is an urgent demand for the development of a tool.


Earlier treatment with surgery to remove blood clot linked with less disability following stroke

In an analysis that included nearly 1,300 patients with large-vessel ischemic stroke, earlier treatment with endovascular thrombectomy plus medical therapy compared with medical therapy alone was associated with less disability at 3 months, according to a study.
