Covid-19 – Guidance and resources for physiotherapists



• Chartered Society of Physiotherapy: Coronavirus <u>https://www.csp.org.uk/news/coronavirus</u>

Information, guidance and latest developments on the coronavirus pandemic

- Workplace and employment guidance
- o Clinical Guidance
- Government and regulatory advice
- And more...
- The Association of Chartered Physiotherapists in Respiratory Care: Physiotherapy Guidance for Clinicians and Managers

https://www.acprc.org.uk/resources/covid-19-information/physiotherapy-guidance-for-clinicians-and-managers/

Guidance for respiratory on-call physiotherapy, respiratory services and wider physiotherapy services during the COVID-19 outbreak. JUST ADDED: Physiotherapy Management for COVID-19 in the Acute Hospital Setting: Recommendations to guide clinical practice (in press)

Articles and research

• Thomas, P. et al. Physiotherapy management for COVID-19 in the acute hospital setting: clinical practice recommendations. *Journal of Physiotherapy* (2020): Published online ahead of print. https://doi.org/10.1016/j.jphys.2020.03.011

This document outlines recommendations for physiotherapy management for COVID-19 in the acute hospital setting. It includes: recommendations for physiotherapy workforce planning and preparation; a screening tool for determining requirement for physiotherapy; and recommendations for the selection of physiotherapy treatments and personal protective equipment. It is intended for use by physiotherapists and other relevant stakeholders in the acute care setting caring for adult patients with suspected and/or confirmed COVID-19

 Lazzari, M. et al. Respiratory physiotherapy in patients with COVID-19 infection in acute setting: a Position Paper of the Italian Association of Respiratory Physiotherapists (ARIR). Monaldi Archives for Chest Disease (2020): 90 (1). <u>https://doi.org/10.4081/monaldi.2020.1285</u>

On February 2020, Italy, especially the northern regions, was hit by an epidemic of the new SARS-Cov-2 coronavirus that spread from China between December 2019 and January 2020. The entire healthcare system had to respond promptly in a very short time to an exponential growth of the number of subjects affected by COVID-19 (Coronavirus disease 2019) with the need of semiintensive and intensive care units. Grabowski, D.C. et al. Viewpoint: Postacute Care Preparedness for COVID-19- Thinking Ahead. JAMA (2020): Published online. doi:10.1001/jama.2020.4686.
http://jamanetwork.com/article.aspx?doi=10.1001/jama.2020.4686

National projections suggest that hospitals may be overwhelmed with patients with coronavirus disease 2019 (COVID-19) infection in the coming months. Appropriately, much attention has addressed the acute challenges in caring for this surge of critically ill patients. What has received less attention, however, is what happens as patients—most of whom will recover, even in the highest-risk groups—begin to do so. Many patients with COVID-19 will need postacute care to recuperate from their infection. However, postacute care facilities currently lack the capacity and capability to safely treat patients with COVID-19 as they transition from the hospital to other care settings or to their homes. In this Viewpoint, we present the scope of the problem and outline a series of steps that may be helpful as postacute care organizations prepare for the coming increase in patients with COVID-19.

 Viswanth, A. & Monga, P. Working through the COVID-19 outbreak: Rapid review and recommendations for MSK and allied heath personnel. *Journal of orthopaedics and trauma* (2020). Published online. <u>https://doi.org/10.1016/j.jcot.2020.03.014</u>

The coronavirus (COVID-19) pandemic has caused the world to undergo unprecedented change in a short space of time. This disease has devastated the economy, infringed personal freedom, and has taken a toll on healthcare systems worldwide. This review aims to highlight aspects of this pandemic with a specific emphasis on musculoskeletal work within the secondary care setting.

If you are unable to access the full text of these articles you can request them by emailing the library at https://www.ukenstein.exaultication-complete:library@sthk.nhs.uk

If you are not already a library member you will need to complete an online Library registration form:_http://www.knowledge-nw.nhs.uk/Pages/Join-The-Library.aspx

For current awareness on COVID-19 and any other topic, see our *Knowledge Pages* at http://www.knowledge-nw.nhs.uk/knowledge/Pages/RSSPage.aspx



Website: <u>http://www.knowledge-nw.nhs.uk</u> Email: <u>library@sthk.nhs.uk</u>